

LORISSA GARCIA

— Coach • Facilitator —

Uncovering Your Leadership Narrative



a self guided tool to unpack and
understand your leadership narrative

www.lorissagarcia.com

Leadership is...

“

anybody who
takes
responsibility
for recognizing
the potential in
people & ideas

and has the courage to develop
that potential...
it is less about who people are,
and more about how they
behave and show up in difficult
situations

- Brene Brown

”





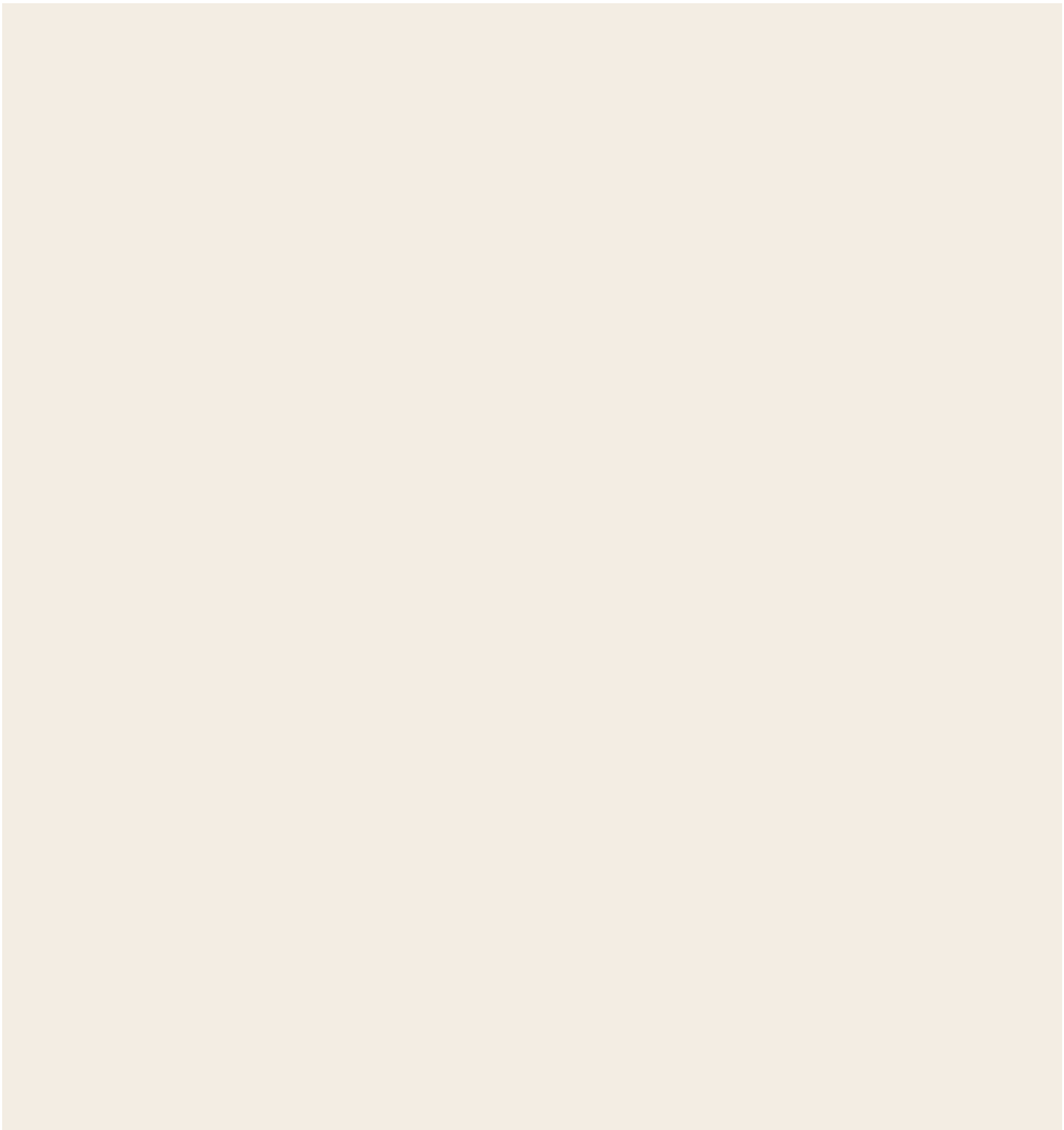
WHAT ARE YOUR BELIEFS ABOUT LEADERSHIP?





WHY ARE YOU A LEADER?

DIG DEEP...



Q03

TO WHO ARE YOU A LEADER?

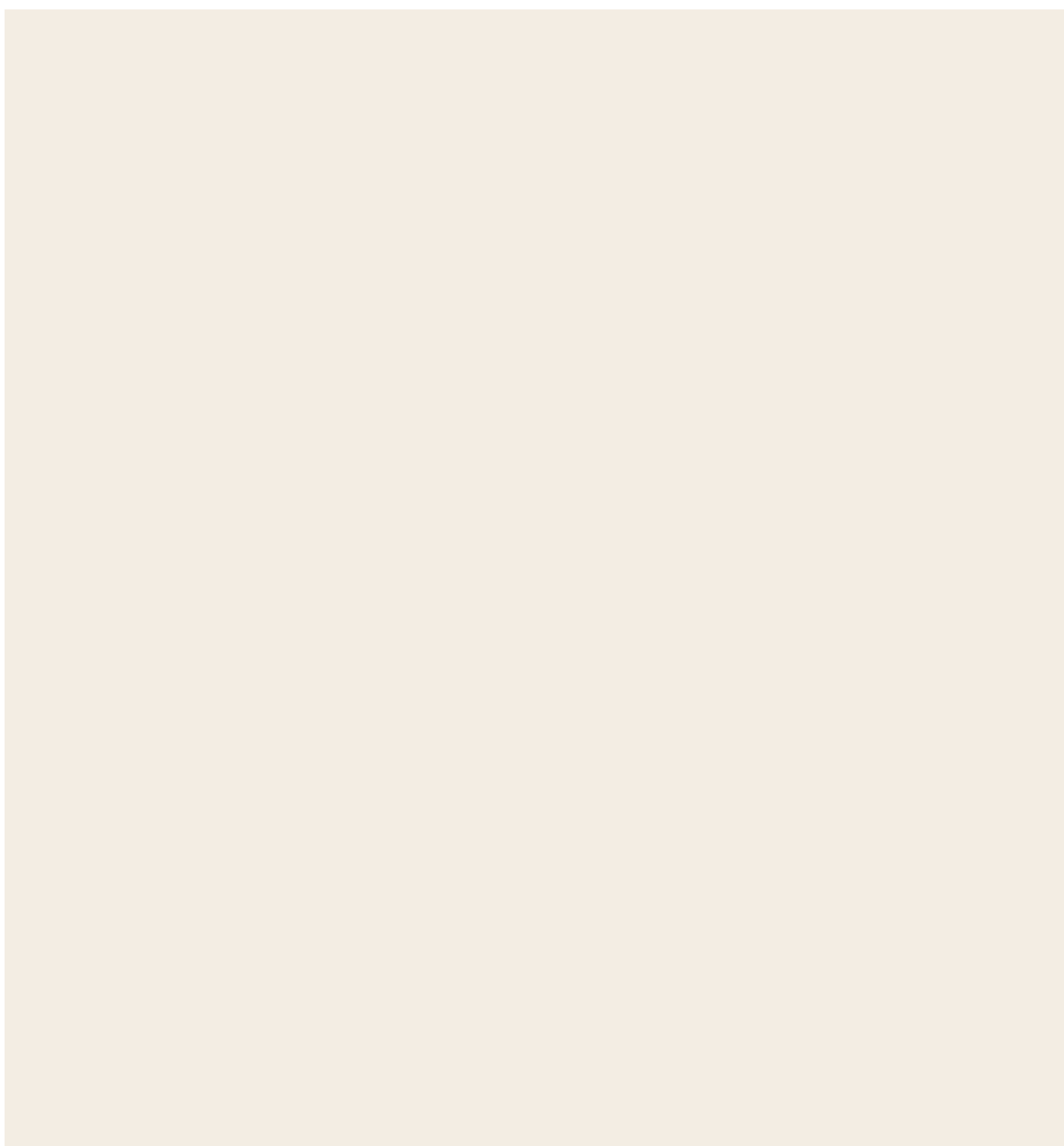
A large, empty white rectangular box occupies the lower half of the page, intended for a handwritten response to the question 'TO WHO ARE YOU A LEADER?'. The box is perfectly white and has no borders or text inside it.

004

WHAT OR WHO HAS
INFLUENCED THE WAY
YOU ARE AS LEADER?

005

WHAT STOPS YOU FROM
BEING THE LEADER YOU
WANT TO BE?





HOW DO PEOPLE *FEEL*
AS A RESULT OF YOUR
LEADERSHIP?





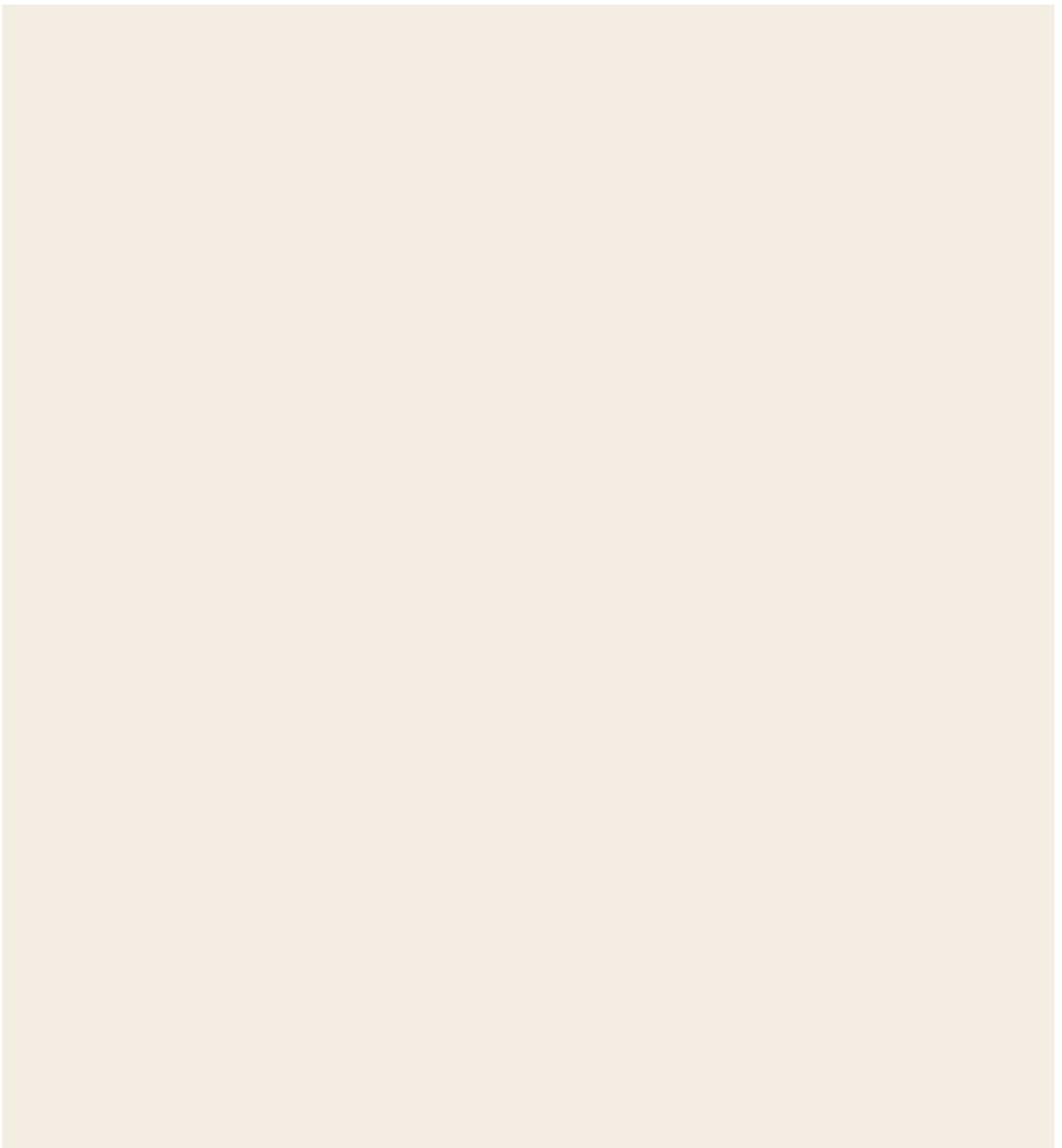
WHAT ARE YOUR VALUES AND HOW DO THEY ENABLE YOUR LEADERSHIP?



WHAT ARE YOUR MEASURES OF SUCCESS FOR LEADERSHIP?



HOW DO YOU SHOW UP
FOR OTHERS?





WHAT ARE THE STRENGTHS YOU BRING TO LEADERSHIP?

How do your strengths amplify your leadership?

ACTIONS / TASKS

Write you actions, tasks or even reflections from this work book here:

ACTIONS / TASKS

Write you actions, tasks or even reflections from this work book here:

HOW ARE YOU TRANSLATING VISION INTO ACTION?

“Leadership requires two things, a vision of the world that does not exist yet, and an ability to communicate it...”

- Simon Sinek

Which of your actions will you prioritise?

What support might you need to take action?

“

**ALWAYS REMEMBER
THAT LEADERSHIP IS A
PRIVILEGE, YOUR
INFLUENCE COULD
AFFECT THE
TRAJECTORIES OF
PEOPLES ENTIRE
CAREERS & OFTEN
THEIR LIVES**

- Bill Treasure

”



LORISSA'S FAVOURITE LEADERSHIP RESOURCES

B

The Anatomy of Trust

Brene Brown - Super Soul Sessions (podcast).

S

How Leaders Inspire Action

Simon Sinek - TED talk

M

Permission to Feel

Marc Brackett - Book

J

Reboot

Jerry Colonna - Book

R

Mastering Leadership

Robert Anderson -Book

L

Leadership Circle Profile

Leadership Assessment Profile

(if you are interested in doing the LCP, please get in contact).

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